

January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30am New Year Trivia - TV 2:30pm Blackout Bingo - DINE 6:30pm Roll to 21 Dice Game - DINE	2 10:30am Chair Yoga - VARI 2:30pm Beach Ball Fun - DINE 6:30pm Movie Night	3 10:30am New Year's Charades - DINE 2:30pm Ladder Ball - TV
4 10:30am TV Church Service 2:30pm Bingo - DINE 6:00pm Volunteer Sing-A-Long - TV	5 10:30am Coloring - Winter Scenes - VARI 2:30pm Ladder Ball - TV 6:30pm Cardio Jam - DINE	6 10:30am Basketball - VARI 2:00pm Taking down Xmas Trees - TV 6:30pm Balloon Toss - VARI	7 10:30am Shuffle Board - VARI 2:30pm Bowling - TV 6:30pm Card Games - VARI	8 10:30am News & Views - TV 2:30pm Bingo - DINE 6:30pm Roll to 21-Dice Game - DINE	9 10:30am Pictionary - VARI 2:30pm Seasonal Craft - Snow flakes - DINE 6:30pm Movie Night - TV	10 10:30am Animal Documentary - TV 2:00pm UofM Music Birthday - DINE
11 10:30am TV Church Service 2:30pm Bingo - DINE 6:00pm Volunteer Sing-A-Long - TV	12 10:30am Card Games - DINE 2:30pm Bowling - TV 6:30pm Sing-A-Long - TV	13 10:30am Shuffle Board - VARI 2:30pm Balloon Toss - VARI 6:30pm Cardio Jam - DINE	14 11:00am Pet Therapy - VARI 2:30pm Baking - DINE 6:30pm Name That Tune - VARI	15 10:30am News & Views - TV 2:30pm Bingo - DINE 6:30pm Roll to 21-Dice Game - DINE	16 10:30am Ladder Ball - TV 2:30pm Painting - DINE 6:30pm Movie Night - TV	17 10:30am Antique Roadshow - VARI 2:30pm Horse Racing Game - VARI
18 10:30am TV Church Service Bingo - DINE 6:00pm Volunteer Sing-A-Long - TV	19 10:30am Chair Yoga/Laughing Exercises - VARI 2:30pm Dice Game -Roll to 21 - DINE 6:30pm Shuffle Board - VARI	20 10:30am Anglican Church Service - DINE 2:30pm Bowling - TV 6:30pm Card Games -Wammo - DINE	21 11:00am Pet Therapy - VARI 2:30pm Bingo - DINE 6:30pm Dominos - VARI	22 10:30am Group Chat -Do you remember when.. - DINE 2:30pm Seasonal Craft - Snowmen - DINE 6:30pm Balloon Toss - VARI	23 10:30am Trivia - Robbie Burns - TV 2:30pm Ladder Ball - TV 6:30pm Movie Night - TV	24 10:30am Sea Creatures Documentary - TV 2:30pm Horse Racing Game - VARI
25 10:30am TV Church Service 2:30pm Bingo - DINE 6:00pm Volunteer Sing-A-Long - TV	26 10:30am Shuffle Board - VARI 2:00pm Celebrating Indonesia - TV 6:30pm Sing-A-Long - TV	27 10:30am Balloon Toss - VARI 2:30pm Horse Shoe Game - VARI 6:45pm Fort Garry Mennonite Church Choir - DINE	28 10:30am Pet Therapy - VARI 2:30pm Spa Day - DINE 6:30pm Name That Sound - VARI	29 10:30am Pictionary - VARI 2:30pm Bingo - DINE 6:30pm Ring Toss - VARI	30 10:30am Group Chat - VARI 2:30pm Horse Racing Game - VARI 6:30pm Movie Night	31 10:30am Cardio Jam - DINE 2:30pm Trivia - Winnipeg Winters - TV

DINE - Dining Room

TV - TV Room

VARI - Varied

~ PLEASE NOTE: SOME PROGRAMS MAY BE SUBJECT TO CHANGE WITHOUT NOTICE ~